London Cancer Psychosocial ERG

Date: Thursday 22th October 2015, 15:00-17:00
Venue: UCLP
Chair: Mark Barrington
Minutes: Peter Southern

**ATTENDEES**

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
<th>Trust/Organisation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pauline McCulloch (PM)</td>
<td>Lead Colorectal Nurse</td>
<td>Homerton</td>
</tr>
<tr>
<td>Daphne Earl (DE)</td>
<td>Patient Representative</td>
<td>London Cancer</td>
</tr>
<tr>
<td>Clare Stevenson (CS)</td>
<td>Clinical Psychologist</td>
<td>Homerton</td>
</tr>
<tr>
<td>Mark Barrington (MB)</td>
<td>Consultant Clinical Psychologist</td>
<td>Barts Health</td>
</tr>
<tr>
<td>Mary Burgess (MBu)</td>
<td>Consultant Clinical Psychologist</td>
<td>UCLH</td>
</tr>
<tr>
<td>Peter Southern (PS)</td>
<td>Social Worker</td>
<td>Barts Health</td>
</tr>
<tr>
<td>Sharon Cavanagh (SC)</td>
<td>Lead - Living With and Beyond Cancer</td>
<td>London Cancer</td>
</tr>
<tr>
<td>Elaine Heywood (EH)</td>
<td>Macmillan Counsellor</td>
<td>Royal Free</td>
</tr>
<tr>
<td>Lallita Carballo (LC)</td>
<td>Joint Clinical Head for the Macmillan Information and Support Centre</td>
<td>UCLH Macmillan Cancer</td>
</tr>
<tr>
<td>Sue Gessler (SG)</td>
<td>Consultant Clinical Psychologist</td>
<td>UCLH</td>
</tr>
<tr>
<td>Kellie Thomas (KT)</td>
<td>Patient Experience &amp; User Involvement Project Manager</td>
<td>London Cancer</td>
</tr>
<tr>
<td>Biljana ?</td>
<td>Intern</td>
<td>London Cancer</td>
</tr>
</tbody>
</table>

**APOLOGIES**

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
<th>Trust/Organisation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sahil Suleman (SS)</td>
<td>Clinical Psychologist</td>
<td>UCLH</td>
</tr>
<tr>
<td>Sarah McNally (SM)</td>
<td>Consultant Liaison Psychiatrist</td>
<td>RNOH</td>
</tr>
</tbody>
</table>
1. Minutes from the previous meeting & matters arising

- MB welcomed members of the expert reference group, introductions were made and apologies heard. Minutes of the last meeting were accepted as an accurate record of proceedings.

2. Review of action log

Review of actions from previous ERG meeting (20-08-15):

- MB liaising with SC regarding London commissioning intentions and to report back at next ERG.

  Established that two recommendations from the Pan-London Commissioning guidelines had been incorporated in the proposed commissioning intentions (relating to community provision of services and the expansion of Level 2 training/supervision). It is unclear if these are final. SC to check if they have been finalised. LC to provide a UCH response

  Noted that there needs to be a closer working relationship between Pan-London LBWC Board (Transforming Cancer Services for London) and the relevant ERGs from both LCA and LC. MB suggested that this ERG and colleagues in the LCA should have opportunity to contribute to the deliberations that lead to future draft proposals.

- MBu & SM to provide MB with their completed report from supervision work stream

  See Agenda item 8.

- MB to provide any necessary additions to report from supervision work stream

  See Agenda item 8.

- MBu & SM to circulate finalised supervision workstream report to ERG by mid September

  See Agenda item 8.

- MB is to ask those individuals promoting 2015-16 workstreams if they are prepared to lead

  Completed

- Workstream leads to refine draft descriptions as necessary.

  Completed

- MB to distribute details of potential workstreams to Forum and invite participation

  Completed

- MB to feedback to next ERG - finalised workstream plan.

  See Agenda item 9
ACTION:

- SC to confirm whether the draft commissioning intentions have been finalised
- LC to provide a UCH response to the draft commissioning intentions
- MB & SC to further discuss how the Pan-London LBWC Board (Transforming Cancer Services for London) might make more timely use of LC & LCA expertise in future commissioning rounds

3. LC Update

SC feedback on the outcome of the successful Vanguard bid - shared with Manchester Christie and the Royal Marsden.

4. Patient Experience & User Involvement update:

- KT gave a slide presentation updating the ERG on progress to date and future plans.

5. Patient Representation Themes:

- DE had highlighted buddying scheme plans at previous meetings. Today there was further discussion and it was agreed that KT would convene a meeting to ensure that existing knowledge relating to such developments is collated and shared with interested parties.

ACTION:

- KT to arrange meeting to establish and document the ERG ‘view’ on what factors need to be considered when buddying schemes are proposed. This information then to be shared with relevant pathway boards.

6. LWBC Board update

SC provided a general update and specific information relating to progress in implementing the Recovery Package

ACTION:

- SC to provide MB with report to distribute with minutes
- SC to provide further feedback regarding the concerns checklist data collated from the eHNA at the next ERG meeting
7. Dialogue with Cancer Unification Board (CUB)

MBu provided an update on dialogue with the CUB. A paper had been presented to them highlighting the implications for psychological support. It was noted that there had been little consideration of these factors in the original plans for relocating specialist services. PM noted that it could be unclear when HNA should be taking place.

**ACTION:**

- MBu to frame a specific question(s) to the ERG to help establish if there are significant areas of uncertainty relating to psychological provision given the relocation of specialist services. MBu to email the ERG and feedback at the next ERG meeting.

8. Supervision workstreams update:

- MBu reported on progress with the supervision workstream. The document is largely complete. It was agreed that MB would organise a very brief poll of current supervisees to explore their response to the idea of altering the group format. MB will then add this to the final document and circulate.

**ACTION:**

- MBu & SM to provide MB with their completed report from the Supervision work stream
- MB organise a very brief poll of current supervisees to explore their response to the idea of altering the group format
- MB to add poll results to the final document and circulate.
- MB to contact Alison Hill to define a start date for reviewing the format of supervision groups

9. Defining 2015-2016 workstream plans

- Further discussion regarding possible work streams for the coming year took place. MB fed back on the interest expressed by the wider Forum. Based on this, a final work plan was agreed:

**New workstreams :**

1. Revision of Level 2 training (Lead: MB)

2. Further defining the relationship between acute and community services in meeting the psychological needs of people affected by cancer. Work with IAPT service(s) to develop a model of training/supervision that will aid them in delivering psychological support to patients after ‘discharge’ from acute services (Lead: CS)

3. Provision of information / training re: supporting children of cancer patients (Lead PS)
On-going workstreams:

4. Continuation of work related to carer’s DVD (Lead: EH/PS)

Workstreams not to be initiated this year:

• Risk – access to psychiatry and standard approach (pathway) re risk management
• Review of interventions focussing on ‘Resilience’. Consideration of relevant local innovation.

ACTION:

• Leads (MB/CS/PS) to email Forum with start date for first work stream planning meeting

10. ERG representation

• Deferred to next ERG

ACTION:

• MB to place ‘ERG representation’ higher on the agenda for the next ERG meetings

11. Any other business:

• None
SUMMARY OF ACTIONS

ONGOING ACTIONS:

• None

NEW ACTIONS:

• SC to confirm whether the draft commissioning intentions have been finalised
• LC to provide a UCH response to the draft commissioning intentions
• MB & SC to further discuss how the Pan-London LBWC Board (Transforming Cancer Services for London) might make more timely use of LC & LCA expertise in future commissioning rounds
• KT to arrange meeting to establish and document the ERG ‘view’ on what factors need to be considered when buddying schemes are proposed. This information then to be shared with relevant pathway boards.
• SC to provide MB with report to distribute with minutes
• SC to provide further feedback regarding the concerns checklist data collated from the eHNA at the next ERG meeting
• MBu to frame a specific question(s) to the ERG to help establish if there are significant areas of uncertainty relating to psychological provision given the relocation of specialist services. MBu to email the ERG and feedback at the next ERG meeting.
• MBu & SM to provide MB with their completed report from the Supervision work stream
• MB organise a very brief poll of current supervisees to explore their response to the idea of altering the group format
• MB to add poll results to the final document and circulate.
• MB to contact Alison Hill to define a start date for reviewing the format of supervision groups
• Leads to email Forum with start date for first work stream planning meeting
• MB to place ‘ERG representation’ higher on the agenda for the next ERG meetings

Date of Next Meeting: Thursday 17th December, 15:00-17:00, Meeting Room 2, UCL Partners, 3rd Floor, 170 Tottenham Court Road, W1T 7HA